



Patient Information – Fitting your Fresnel prism

A Fresnel prism is a thin, transparent plastic sheet that can be attached to your glasses to help correct double vision. Follow these steps to fit your Fresnel prism:

Preparation

1. Wash and dry your hands thoroughly.
2. Clean your glasses as you normally would.
3. Identify the correct lens and orientation for the prism as specified at the bottom of this sheet – the orientation of the prism is identified by the word 'BASE' on the bottom left hand corner. The strength of the prism is in the opposite corner.

Fitting the Prism

1. Remove the prism from its packaging. Note that one side is smooth (attaches to the lens) and the other is ridged (faces your eye).
2. Place the prism smooth side down on the inside of the specified lens in the correct orientation.
3. Carefully cut the prism to fit the lens shape using scissors. Trim any excess, but avoid cutting too much.
4. Ensure the prism fits within the lens frame without overlapping.
5. Place a small pool of water on the inside of the lens.
6. Gently place the prism onto the wet lens, smooth side down.
7. Press firmly from the centre outwards to remove air bubbles.
8. Dry off any excess water with a clean cloth or tissue.

Care and Maintenance

- Clean the prism as you would your regular glasses, using a soft, dry cloth.

- For thorough cleaning, gently remove the prism and wash with warm water and soap.
- Avoid refitting the prism too often to prevent curling of the edges.

If you experience any issues or your prism falls off, please contact us for assistance or a replacement.

FIT YOUR PRISM AS FOLLOWS:

(To be completed by your orthoptist)