



Patient information -HESS/Synoptophore

Following your referral to South Eye Clinic it is felt that you need some additional orthoptic examinations.

What additional tests may be required?

A test of your eye movement in more detail, called a Hess Chart of Lees Screen may be needed. The orthoptist will ask you to place your chin on a chin rest and move your eyes to follow a target on an illuminated screen using a metal pointing stick.

Your eye alignment and binocularity (how your eyes work together) may be assessed using a Synoptophore. You will be asked to place your chin on a chin rest and look through two tubes like binoculars. Images will be presented to allow the orthoptist to take additional measurements.

Where will the tests be carried out?

Additional testing will be carried out at Southampton Eye Unit based at Southampton General Hospital. The specialist equipment required is not available at Spire Southampton Hospital.

Will there be additional charges for the additional tests?

The initial orthoptic assessment includes the additional testing and the Spire hospital facility fee, which is paid to your orthoptist. There is an additional facility fee directly paid to Southampton General private patient team.

How do I find Southampton eye unit?

The most convenient way to find the eye unit is via the dedicated entrance opposite Ronald McDonald House on Tremona Road. Enter through the automatic sliding door on level B (ground level) and proceed to the orthoptic department which is signposted directly in front of you through the main waiting room. Your orthoptist and a member of the hospital private patient team will meet you in the waiting room.

What will happen after the additional tests?

Following the additional tests, you will be asked to make your way over to Spire hospital and book in at the outpatient reception desk. Your orthoptist will complete the remaining assessment, and you will see Miss West following this.

Contact us

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Southampton
Telephone: **02380 914515**